



CESA 6

STUDENT SERVICES LEADERSHIP & LEARNING CENTER

Putting the “SEL” in Teacher SELF Care

April 14, 2021 | 3:00 PM—4:15 PM

Do you lack energy to do all the things you need to do after the workday is done? Do you experience Teacher Burnout? Does your classroom feel like a zoo? The first step in helping your students is to FIRST help yourself. This interactive professional development session is designed to help you understand the importance of teacher self care that results in improved behaviors and learning in students by understanding the fundamentals of Social Emotional Learning - uniqueness, thought process and communication.



**GET THROUGH A DAY
WITH MORE ENERGY.**

SPECIAL GUEST PRESENTER:

John Lenhart

John Lenhart used his degrees in Chemistry and Chemical Engineering to create models resulting in the formulation and even creation of many consumer products, as well as being the youngest person to receive the DOW Chemical Central Research Inventor of the Year award. In addition to his patents, John has dozens of trade secrets involving how the human brain functions. Ultimately, he is focused on helping people Flow, which is not just the only thought process that isn't damaging; it has also been called the “essence of Leadership”. All of this allows John to Dissolve problems and create Generative results.



WHO SHOULD ATTEND?

This training is designed for general education teachers, special education teachers, related service providers, program support teachers, paraprofessionals, social workers, administrators, or other school personnel involved in educating all students.

DETAILS Register online: www.cesa6.org/events

Registration fee: FREE

Modality: Virtual via Zoom

Questions?

- Junko Jacobs | Student Services Leadership and Learning Director
(920) 236-0573 | jmjacobs@cesa6.org
- Debbie Pinkerton | Program Assistant
(920) 236-0548 | dpinkerton@cesa6.org



SPECIAL GUEST PRESENTER:

Jonathan Fries



Jonathan Fries is a professional consultant with Flowcess specializing in leadership and executive development in the areas of business, education and athletics. Mr. Fries is an accomplished musician, writer and composer having toured throughout the US and Canada noting highlights such as playing for the X-games in Aspen, CO and opening for five time Grammy award winning Green Day before joining the Flowcess team.